

My Daily Spiritual Action Plan

“Today I will bring the Light of Christ into my soul!”

Day of Week Monday Date 15th April 2009

My first spiritual goal for today is to: *(Must be an action.)*

read my Patriarchal Blessing.

I will do this between: *(Time of day.)* 7:00 a.m. to 7:30 a.m.

I will do this before I: *(Must be a want.)* eat breakfast.

My second spiritual goal for today is to: *(Must be an action.)*

thank six people for their good deeds or good example .

I will do this between *(Time of day.)* 8:00 a.m. to 2:00 p.m.

I will do this before I: *(Must be a want.)* finish my lunch break.

My third spiritual goal for today is to: *(Must be an action.)*

take time to review the day and then name five blessings that I received from the Lord

I will do this between: *(Time of day.)* 7:30 p.m. to 8:00 p.m.

I will do this before I: *(Must be a want.)* watch television.